## In our parish and school, all are welcome to be "fed at the table of our Lord," that is, to receive communion. Children reach the "age of reason" at approximately six years old. With this in mind, it is appropriate for us to mark this milestone, regarding the Eucharist,

While we acknowledge that many of our children are already receiving communion at the Eucharist, it is important that we provide them the opportunity for deeper spiritual development. We hope that all of our elementary age children, from first grade and up who have not yet participated in Holy Communion sessions, will join us. We ask that at least one parent participate in this part of your child's faith journey. This is an opportunity for you and your child to bond on a deeper level in your sharing of the faith while learning more about the Eucharist.

with formation and celebration

The following Communion Milestone dates are participation requirements. In addition, Communion Milestone participants are to be regular in their Sunday worship.

Communion Milestone Sessions for student and adult will be held for six consecutive Sundays April 3, 10, 17, 24, May 1, 8.

On Saturday, May 14 at 5pm, we will have a special gathering to bake Eucharistic bread, experience the church and altar, and have a pizza party.

On Pentecost Sunday, May 15, at the 9:30 am worship service, we will celebrate Holy Communion Milestone/ First Communion Eucharist.

For some children May 15, 2016 will be a traditional "first" communion. For others, who already receive the Eucharist, this will be a milestone celebration. All of us will celebrate the increased awareness and understanding of the Eucharist as gained through the formation process.

